

Super Sugar Snap Peas



One of the most rewarding and common garden crops around. Peas prefer cool weather and soil for germination and growing, and can be planted early Spring or Fall for a second crop. Get them in quick, and once harvest starts, the more you pick the more vines will set flowers and pods.

Scientific Name: Pisum sativum

Growing Habit: Plants grow to about 5 feet high. A trellis will help support your plants, keep your pea pods healthy and make harvesting easier!

Where to Plant: Either direct sunlight or partial shade is best for growing peas.

How to Plant: Plant peas directly in the garden in cool soil, 2cm (1/2 to 1 inches) deep and 5-10cm (2-4 inches) apart. Your soil should be kept moist, but not soggy (the seeds can rot).

Days to Harvest: 60 days for plump 4 inch crunchy, sweet pea pods. Both the pod and the large pea are edible.

What's a "Snap" pea?

Different pea varieties are classified as "Snow", "Shell", or "Snap". **Shell** peas are varieties where you allow the pods to swell and peas to partially develop. Pods are popped open and fresh peas are "shelled" out for fresh eating, cooking or freezing. **Snow** peas are harvested when the pods are flat and the whole pod with is eaten with its tiny peas inside. **Snap** peas are the best of both worlds, where the pod and peas swell, but the pod becomes thick and juicy instead of tough and the whole thing is edible. The French call Snow and Snap peas "mangetout", meaning "eat-all".

Fun Fact: Peas help release nitrogen into the soil and will make a great companion plant for root crops. Rotate your pea patch in your garden each year for best results.

Happy Planting!

Notes:


