

HOW TO GROW ...

NEW ZEALAND SPINACH

Soak your seeds overnight before planting and be patient, as New Zealand spinach is slow to germinate. Keep soil moist but not wet while you wait for seedlings to emerge. Allow at least 12" final spacing between plants to encourage their sprawling habit.



Plants are drought tolerant at full size but make sure not to let your soil dry out until they are well established. New Zealand spinach is perfect for planting in containers or for use in edible landscaping. Also great in the greenhouse!

Harvest young and tender leaves to encourage more growth and extend your harvest. Plants will keep producing until frost.

QUESTIONS? (902) 286-4673 · hopeseed@eastlink.ca



NOTES:
